

Nursing Policy Manual Hair Care		SUBJECT: Patient Personal Hygiene POLICY NUMBER: PAGE 1 of 1	
APPROVED BY:		GENERATED BY:	
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ISSUED:	REVISED:	REVIEWED:	REFERENCE:

Suggested Nursing Clinical Procedure for cleansing and conditioning patient's hair with Comfort Rinse-Free Shampoo Cap with Conditioner #7909-X

POLICY STATEMENT:

Comfort Rinse-Free Shampoo Cap with Conditioner will be used to cleanse and condition patient's hair as needed, or daily per patient's request. Comfort Hair is to be used for hair cleansing and conditioning only, as part of a total bathing system such as the Essential Bath™ Cleansing System.

Supplies Needed:

- One package of Comfort Rinse-Free Shampoo Cap with Conditioner. Packages are for individual, single use only.
- Towel.

Procedure:

See product package for complete information.

- A. Warming in a Microwave.
 1. Before warming a Comfort Rinse-Free Shampoo Cap package, tear open package without removing cap.
 2. Warm for no more than 30 seconds. Microwave wattage varies. Adjust heating time accordingly. **CAUTION:** If there is any indication cap is excessively hot, do not use. Remember, gloves diminish your sensitivity to heat. Closely monitor heat levels with unresponsive or skin sensitive individuals.
- B. Place cap on head. For longer hair, place hair on top of head to get all of it into the cap. Gently massage cap to saturate hair. Some situations may require cap to be left on head to saturate tangled areas. Remove cap. Towel dry. Comb through hair.

Amount of time massaging cap depends on quantity of hair.

- Short/Fine Hair: Approximately 1 to 2 minutes.
- Long/Thick Hair: Approximately 2 to 3 minutes.

- C. Warming is for additional patient comfort. Product may also be used at room temperature.

NOTE: Washcloths may be necessary to remove excessive amounts of blood, gels or dirt before using product.

The information contained herein refers specifically to the shampooing and conditioning of patient hair with the Comfort Rinse-Free Shampoo Cap with Conditioner. Additional interventions, rationale and steps should be added pursuant to your facility's final plan of care, following standard nursing practice, other approved internal policies and procedures, and Universal Precautions.